

Diabetes Lies

Today on diabetes care podcast, I will be talking about Diabetes Lies. Welcome to the show.

My name is Ernest Quansah. Author of *Diabetic's Journey: How type 2 Diabetes Can Be Reversed and Cured*.

I am very passionate about this topic because there is more going on behind closed doors and conferences than most people realize.

I will start by asking you this question: Are you familiar with world renowned psychiatrist Dr. David R. Hawkins, who authored the book, *Power Verse Force*? He is absolutely one of my favourite authors. He once said that when people from around the world came into his clinic, all he had to do was love them and they felt better. He didn't give them a prescription or pharmaceutical drugs.

It was he who said that most consumers are lied to. He was right and not the first to say that. You may have also heard of one, Dr. Fuhrman. He has a video on YouTube. In the video he explains that diabetes drug manufacturers asked him to write an article that they can publish. He agreed and produced the article. In the article he stated clearly that type 2 diabetes can be cured. When he delivered the article to the drug manufacture to be published, it was rejected.

According to Dr Fuhrman, the drug company told him that if they publish his article and diabetics find out that they can cure their condition, they will not buy their diabetes drugs. Think about that for a minute. How many diabetics know this?

Diabetes business in general is perhaps one of the largest in the world generating hundreds of billions of dollars for the drug companies and others including diabetes blog owners. Now consider other conditions triggered by the sugar buildup inside a diabetic's body, such as heart disease, stroke, blindness, internal organ failure, etc. How much do you think your government spends on diabetes as well as the disease it triggers? In the United States, the figure is estimated over 250 billion dollars a year. Now let's factor in other countries around the world. Diabetes products. Disease triggered by the sugar buildup. You are looking at a trillion-dollar global business.

In August of 2022, a researcher from the University of Victoria, based in Western Canada, was on the news. He looked rather frustrated. He said that their research has found that alcohol causes cancer. He further explained to the interviewer that anytime he tried to make their finding public, alcoholic beverage manufacturers will send email to the government asking that he is blocked. He proceeded to show a copy of such an email.

A scientist from the University of British Columbia, one of Canada's largest academic institutions, once appeared on the news saying that drug companies are intentionally selling consumers drugs that consumers don't need.

Diabetes lies has been going on for decades. Millions are lied to and kept in the dark. The business of diabetes is about money—profit in the billions. Diabetics are prevented from knowing the truth about how they can cure themselves.

Instead, the attention is focused mostly on diabetes products and promotion. In fact, many diabetics themselves are not very educated about their condition so they settle for diabetes drugs.

For the meantime, diabetes is on the increase worldwide, which begs the question, “How is diabetes drugs and other products reducing diabetes?” The number has never gone down. When my diabetes was reversed, I contacted a number of companies, including the American Diabetes Association and told them what I had experienced and if they would like to share my story. I never heard back from them. I even contacted *Health News Today*. They too would not agree to do a story. I made a phone call to Diabetes Canada. The lady said she will get back to me. She never did.

And all these organization are making a fortune and receive funding from diabetes drug manufacturers.

The local media, they too refused to do a story. I connected with a diabetes blog. The moderator wrote me saying that the only way she will publish my story on her blog is if I change “cure” to manage. She, in effect, asked me to lie.

Type 2 diabetes is a progressive condition if nothing is done to reverse it. The progression also means you, the diabetic, are at risk of

- **Heart disease**
- **Stroke**
- **Blindness, etc.**

And eventually the sugar buildup inside the body will damage your leg, which leads to leg amputation. Type 2 diabetes does not cause any of the mentioned conditions. It is the sugar buildup inside the body that does the damage. The word “diabetes” is simply a name given to the sugar buildup.

Despite the dangers of this condition and what it will do to the victim, attention is never given to it. It is this arrogance and lack of value for diabetics that offended me so much that I researched until I developed a cure for my diabetes.

Friends, love yourself enough to take action and cure your diabetes. That is not all. If you a diabetic or not, it is so important to share this podcast, post it on social media, and ask others to share it.

Each year, there are several products developed for diabetics. And all these companies, nothing threatens them more that for type 2 diabetics to know that they can find a cure for their condition. There is a very big TV personality, who is a diabetic, but he has signed an agreement with a diabetes drug company in which he supports the diabetes drugs instead to curing his diabetes and help others like him. By signing the agreement, he cannot promote diabetes cure. Friends, be careful who you trust.

The more I learned about diabetes lies, the sadder I felt. I felt as though no one cared about diabetes. For example, there are people on the internet claiming that all you have to do is buy their cinnamon and in a short time, your diabetes will go away. Eggs, cinnamon, banaba plant, etc., do not and will never reverse type 2 diabetes. Can those food products burn off the sugar in your body and reverse your diabetes?

Think about that for a minute.

Just before my book *Diabetic's Journey: How Type 2 diabetes Can be Reversed and Cured* was published, I had friends over for a get-together. At some point, the topic of me reversing my diabetes and my book came up. One of the ladies at the gathering asked me, "How are you going to convince people that type 2 diabetes can be cured?"

That was a very good question. When a person is first diagnosed, the first thing the doctor does is to prescribe metformin as the first line of defense. They are trained to do that.

No, the doctor does not prescribe lifestyle changes. TV ads talk about diabetes drugs, the latest blood glucose meter. All these and the media's refusal to agree to report how diabetes can be reversed and cured has blinded people who don't know where to find the truth.

And two doctors told me that people don't listen. They are right. Listening and taking action is the key to your success. Lying to consumers has been going on for hundreds of years and is still going on today. I met a man from the US. According to him, when he started his construction business, several construction business owners told him that he can make three times the profit if he overcharges his customers. He refused and still made enough to send all his children to medical school.

My own acupuncturist told me that two acupuncturists visited her one day demanding that she charge \$85 per session instead of \$50 per session.

And don't allow self to be enslaved by diabetes and diabetes product manufacturers. Slavery means, any action taken to intentionally prevent others from succeeding, growing, and flourishing.

Is type 2 diabetes a disease?

Type diabetes is not a disease. It is condition. For example, weight gain and obesity—it is referred to as disease. Obesity is not and will never be a disease, but is only referred to as a disease because too many people are gaining weight.

Once the American Psychiatric Association classified a condition as a disease. It was followed by drug companies developing pharmaceutical drugs for the condition, now referred to as a disease.

The CEO or chairman of Psychiatrist Association was questioned during an interview about why certain drugs consumers don't need are being sold to them.

His response was and I quote, "If the drug doesn't hurt them, why not?"

Type 2 diabetes and prediabetes is referred to as a disease because it is on the increase. In fact, diabetes is a condition caused by sugar. I don't see how it is a disease.

Making things worse for diabetics to cure their condition is the fact that if you publish a book and you use the word "CURE" on the cover, the media will reject the book.

Friends, it is a very ugly world out there driven by the almighty dollar. During the last week of July 2022, I saw an ad asking people to get tested for pre-diabetes. I am going to predict that soon a drug will be developed for prediabetes because it is on the increase. For the drug companies, it is always about money. The lack of consideration for diabetic health was one of the motivating factors that drove me to act.

I hope you too take the first step in reversing your diabetes.

We have come to the end of Episode 4. In the next episode, we will be talking about how to reverse your diabetes, pre-diabetes, as well as obesity.

Thank you for listening and please visit my website <https://diabetesselfcure.com> or Google.

Centre for Diabetes and Obesity Wellness to get started on the road to regaining your good health back today!

Bye for now.

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